Hitting the books

## Wing prepares for ORI

By Michael Briggs

12th Flying Training Wing Public Affairs

With 10 duty days to go until the Air Education and Training Command Inspector General team begins its operational readiness inspection here, people in the 12th Flying Training Wing are crossing the t's and dotting the i's to make their final preparations.

The ORI takes place Sept. 12-20 when the 100-plus members of the headquarters team will measure the wing's mission capability and support functions.

While some people may be nervous about what to expect, wing leaders said people should be confident and eager to show the evaluators the great things the members of Team Randolph are

"We have great people doing great things for our Air Force and our nation," said Col. John Hesterman, 12th FTW commander. "The key to doing well, whether in day-to-day operations or during an inspection, is to focus on mission execution. We do that very well each day to launch and recover aircraft, train aviators, provide base support functions, and to attend to the medical and other needs of our Randolph community."

During the ORI, the wing inspector general said the members of Team Randolph, which includes

the 12th FTW and tenant units, should rely on the training and experience they use to effectively and successfully conduct the mission.

59th Year ◆ No. 33 ◆ August 26, 2005

"The best way to prepare is to know your responsibilities as outlined in Air Force instructions, manuals and other publications," said Col. Pat Clyburn, 12th FTW inspector general.

Colonel Hesterman added a positive attitude and sense of urgency also go a long way in impressing upon leaders and inspectors that people are organized, trained, equipped and eager to accomplish the mission.

"Our folks are very positive about mission accomplishment," he said. "That's a force multiplier that improves the way we fly and fix aircraft, train warriors and work for and with all the members of Team Randolph. We see it everyday and I'm confident the AETC IG team will see it in September."

AETC conducts ORIs to evaluate and measure how effectively, efficiently and safely units accomplish their flying, technical training, education, ROTC and recruiting missions, according to the command supplement to Air Force Instruction 90-201 that governs inspections. ORIs identify obstacles that impact mission accomplishment, morale, readiness and the elimination of waste. Finally, they provide meaningful information to other units for use in improving their operations.

### PHOTO NOT AVAILABLE FOR WEB DISPLAY

Randolph Elementary School student (name withheld) reads a book Tuesday in his classroom. The first day of school for Randolph Field Independent School District students was Monday. (Photo by Jennifer Valentin)

## AFPC notifies Airmen of criminal activity

The Air Force is notifying more than 33,000 Airmen that a security breach has occurred in the online Assignment Management System.

The notification comes after Air Force Personnel Center officials here alerted Air Force and federal investigators to unusually high activity on a single user's AMS account in June.

More than 1,000 people at Randolph were affected by the breach, according to Capt. Angela Hunter, 12th Mission Support Squadron, Military Personnel Flight commander.

AMS, an online program used for assignment preferences and career management, contains career information on officers and enlisted Airmen, as well as some personal information such as birth dates and Social Security numbers, said Col. Lee Hall, director of assignments at AFPC. It does not contain personal addresses, phone numbers or specific information about family members.

A malicious user accessed about half of the officer force's individual information, while only a handful of noncommissioned officers were affected, said Lt. Col. John Clarke, AFPC's deputy director of personnel data systems. The individual used a legitimate user's login information to access and/or download Airmen's personal information.

"We notified Airmen as quickly as we could while still following criminal investigation procedures with the (Office of Special Investigations)," said Maj. Gen. Anthony F. Przybyslawski, AFPC commander. "Protecting Airmen's personal information is something we take very seriously, and we are doing everything we can to catch and prosecute those responsible under the law.

"We notified the individuals involved, outlining what happened and how they can best insulate themselves from this potential risk," the general said. "We've taken steps to increase our system security. We're working with all Air Force agencies to identify vulnerabilities. We must keep our data protected."

In the meantime, AFPC officials said officers may log in to the virtual military personnel flight at www.afpc.randolph.af.mil/vs/ to see if their information was viewed. If it was, they will receive a pop-up banner after login which will provide additional information.

The small number of enlisted Airmen who have had their information viewed will be contacted directly. also www.afpc.randolph.af.mil and click on "AMS Information" to determine if their personal information was viewed.

Officials also said Airmen may follow Federal Trade Commission guidelines at www.consumer.gov/idtheft

Under the Fair Credit Reporting Act, beginning Sept. 1, everyone is entitled to one free credit check annually. To request this free report, visit www.annualcreditreport.com/.

Any Airman who believes he or she has become a victim of identity theft should contact the local base OSI and legal office.

(Courtesy of AFPC News Service)

### 12th Flying Training Wing Training Status

Pilot Instructor Training As of Monday Squadron Seniors Overall 99th FTS -0.5 0.0 558th FTS -2.1 -1.4559th FTS -4.5 -1.6 560th FTS -3.0-0.6

Numbers reflect days ahead or behind for senior pilot instructor training class and an average for all PIT classes currently in training.

Navigator, EWO Students						
562nd FTS		S	563rd FTS			
	CSO/NFO		CSO		Graduate EW	O
	USAF	238	OPS	15	International	6
	Navy	45	Advanced EW	35	EW Course	0
	International	3	Integration	0	Intro to EW	0
	Total in Training	286		50		6
r	Numbers reflect students currently in training. The 562nd shows source of					

combat systems officer students. Air Force students include Air Force Reserve and Air National Guard. The 563rd indicates students in specific courses.

Wing Flying Hour Program Aircraft Required Annual Flown 10804.2 T-1A 10880.9 12,034 15241.6 15465.2 17,290 T-6A 8103.6 T-37B 8050.4 8,444 T-38C 8896.8 10,204 8873.5 T-43 3833.6 3852.0 4,293

The required and flown numbers reflect hours flown between Oct. 1, 2004 to date. The annual numbers are total hours for fiscal year 2005.

#### **AIR AND SPACE EXPEDITIONARY FORCE**

As of Monday, 67 Team Randolph members are deployed in support of military operations around the globe

**Commentary** Wingspread August 26, 2005

## "PROTECT Wingman"

It's a crime not a mistake

Team Randolph's last DUI was July 16, 2005

### Commander's Action Line

Call 652-5149 or e-mail randolph.actionline@randolph.af.mil

While our goal is to provide the best programs, products and services to our customers, there will be instances when people believe we could have served them better.

In those cases, I ask the individual to first contact the responsible organization to allow the unit commander or manager an opportunity to ensure professional and impartial treatment.



Col. John Hesterman 12th Flying Training Wing commander

given by telephone or in writing. I

and telephone number so we may

ask callers to include their name

send a personal response.

#### **Agency Contact Numbers** 12th FTW IG 652-2727 12th FTW Legal Office 652-6781 **Base Exchange** 674-8917 **Civil Engineers** 652-2401 652-6480 Civilian Pay **Commissary** 652-5102 **EEO Complaints** 652-3749 **Equal Opportunity** 652-4376 **FW&A Hotline** 652-3665 652-1856 **Housing Maintenance** 652-1851 **Military Pay Randolph Clinic** 652-2933 652-2224 **Safety Office Security Forces** 652-5509 652-5971 **Services Sexual Assault Response Coordinator** 652-8787 **Straight Talk** 652-7469 **Transportation** 652-4314

**Dedicated** June 20, 1930, Randolph celebrates its 75th Anniversary in 2005 Graphic by Michelle DeLeon

12th Flying Training Wing **Editorial Staff** 

Col. John Hesterman Commander Capt. Paul Villagran Chief of Public Affairs Jillian Speake

Prime Time Military Newspaper **Contract Staff** 

> Jennifer Valentin **Bob Hieronymus** Staff Writers

Maggie Armstrong Graphic Designer

Wingspread office:

1 Washington Circle, Suite 4 Randolph AFB, Texas 78150 Phone: (210) 652-5760 Fax: (210) 652-5412

#### Wingspread Advertisements:

Prime Time Military Newspapers 7137 Military Drive West San Antonio, Texas 78227 Phone: (210) 675-4500 Fax: (210) 675-4577

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Articles may also be sent by e-mail to wingspread@randolph.af.mil or by fax at 652-5412 or base

For more information about submissions, call 652-5760 or base ext. 7-5760.

## Answering the big question

By Chief Master Sgt. Paul Machen Air Education and Training Command

To stay or go is the big question for us all. You may think your reenlistment situation is unique, but it's not. Your situation may be similar to the following true stories captured by myself a few years ago as a career assistance adviser.

An NCO was on terminal leave with plans to separate from the Air Force. He wanted to relocate closer to his children. After separating, he couldn't find a job and his children were always busy. He soon realized he was throwing away a great career and reenlisted before expiration of his terminal leave.

A senior airman separated from the Air Force to attend school full time. He couldn't find a part-time job for the first six months. Finally, he started working at the base exchange after transferring to an overseas location with his active-duty spouse. Although he found a job, he disliked the lack of structure and accountability within the civilian sector and figured he could work on active duty and attend school easier than working around a part-time job schedule. The senior airman always wanted to be a military training instructor and after returning made this dream a reality.



Chief Master Sgt. Paul Machen



In October 1986, a young Airman entered the Air Force Band Program at his first duty station. As a musician looking for an opportunity to advance his professional musical career, the Air Force was a place for him to receive excellent training and experience to assist him with his goal of becoming a recording artist. After five years of traveling the Midwest, playing all styles of music, he left the Air Force to pursue his dream. He felt very

confident of his ability to sustain his current lifestyle while pursuing a recording career. He found this wasn't so easy. The safety net of being an active duty member with a steady income and full medical and dental benefits evaporated immediately upon separation. It didn't take him long to realize the Air Force isn't just a place to gain experience. It's a way of life that he truly missed. In 1995, he reenlisted in the Air Force as a career bandsman and hasn't looked back

Finally, a senior NCO had served more than 24 years combined active duty and as a reservist. She felt it was time to retire and get her feet wet again for the second time in the civilian community. She was already on permissive leave when Sept.11 struck and like most Americans, felt helpless but wanted to do something to help the nation. She decided to retract her retirement orders and get back to work as soon as possible. Upon her return, she assisted the mobility efforts to deploy the first batch of B-52s into the theater of operation. She felt a sense of pride and purpose defending America.

Giant lesson learned? My best advice is to talk with your supervisor, first sergeant, commander and others you trust before answering the big

### Women's Equality Day observed

Military Equal Opportunity 12th Flying Training Wing

"Are we alone to ask and take the utmost that our women can give, service and sacrifice of every kind, and still say we do not see what title that gives them to stand by our sides in the guidance of the affairs of their nations and ours? We have made partners of the women in this war; shall we admit them only to a partnership of suffering and sacrifice and toil and not to a partnership of privilege and right?"

This is from the declaration President Woodrow Wilson made before the Senate in 1918 urging them to sign the 19th Amendment of the Constitution, which would give

women the right to vote. Like him, spread around the world and others have fought for women's rights, starting with Elizabeth Cady Stanton and Lucrecia Mott during the Senaca Falls Convention in 1848 and their Declaration of Sentiments.

This document, patterned after the Declaration of Independence, contained their grievances and demands towards improving the women's quality of life - rights that women enjoy during contemporary times, according to the Defense Equal Opportunity Management Institute.

But these rights have not come easy or free. Millions of women have planned, organized, lectured, wrote, petitioned, lobbied and paraded for over 150 years to secure a fair place for women in society.

Through the years, the women's rights movement has grown and

generations. For that reason, the women of today are not only the heart of the home but lawyers, doctors, executives, astronauts, students, professors, city mayors, athletes and even go to combat during war.

To commemorate the extraordinary contributions brought forth by the women's movement and all those who dedicated their lives to it, in 1971 Congress declared today as Women's Equality Day, according to the Defense Equal Opportunity Management Institute.

Join us in remembering the past accomplishments of those men and women who through action and determination have struggled to ensure equity and equality for women in this great nation.

Retirement announcements should be submitted to the Wingspread office by noon Friday two weeks prior to the desired date of publication. E-mail announcements to randolph.retiree.messages@randolph.af.mil or fax them to 652-5412. For more information, call the Wingspread office at 652-5760.

# Fudge factor: Focus on the forest to avoid being blindsided

**By Lt. Col. Mark Murphy** 354th Maintenance Squadron commander

EIELSON AIR FORCE BASE, Alaska (AFPN) – "Daddy, can I have a box?"

It was a hot summer day near Chanute Air Force Base, Ill., and I was unpacking from the first of many permanent change of station moves in my career. I turned to my five-year-old daughter who was looking up at me with big brown eyes.

"What do you need the box for?" I asked

She replied, "Sherry and Terry's kitty died and we need a box to bury him in "

My heart melted. What parent could resist such a touching moment? So I grabbed the nearest box and sent her on her way. Problem solved.

You can imagine my horror when, a few minutes later, I glanced out the window and saw my daughter, her two friends and the box out in the street. They were using sticks to try to pry something off the pavement.

Realizing I'd made an error by not asking a critical question, I ran outside to get the girls out of the street. My daughter quickly pointed out what was keenly obvious: they couldn't get the cat in the box. I looked down at the biggest Siamese cat I'd ever seen, stuck

to the hot Illinois asphalt like a chunk of firewood frozen to the ground in the middle of winter. The girls lovingly called this chunk of roadkill "Fudge."

Since I grew up on a farm, I've got a pretty strong stomach. So I brushed away the flies, kicked Fudge loose, grabbed him by the tail, and tossed him in the box with a thunk. The girls thanked me and headed back to Sherry and Terry's house. Problem solved.

Or so I thought. No sooner did I have my hands washed when the girls were back at the front door with the box. My daughter explained her friends' dad wouldn't let them bury Fudge in their backyard. Could they bury him in ours?

Suddenly what little cuteness that remained was gone.

"Absolutely not!" I told her. "For one thing, I rent this house. For another, I'm not burying another man's cat in my backyard."

A little disappointed, the girls left again. Problem solved.

A few minutes later they were back asking for a shovel. "Sorry, I told them, I don't have a shovel (which was true)." This was a relief because I assumed that if they were looking for a shovel the other dad had changed his mind about burying the cat in his yard. Problem solved.

It didn't take long to find out I assumed wrong. I looked out the back

window and found them in a vacant lot between two houses behind ours, sitting next to the box and scratching in the dirt with teaspoons. The afternoon drew on and, as you can expect, they made little progress. Soon dinner time arrived and the girls all got called home to their respective families, abandoning what little interest they had in Fudge along the way.

After dinner, I looked out the back window. The rays of the setting sun shone on the box sitting in the middle of the vacant lot. I chuckled at the thought of some passerby getting curious and looking in the box. At least it wasn't my cat.

Then my eye caught something I hadn't noticed before – little black marks on the box. I suddenly realized it wasn't just an ordinary moving box. It was a box I'd used to mail things from Officer Training School.

There, in the vacant lot behind my house, was a cardboard box with a petrified cat inside and my name and address on the outside. At the end of the day, that cat didn't belong to its owner, the person who hit it or even the girls who tried to bury it. That cat was mine, and suddenly the thought of someone finding it wasn't so funny anymore.

A magic marker and a trip to a dumpster downtown solved the problem for good. But I've thought about that day throughout my career.

If only someone had told me that the dad down the street had no intention of burying that cat. If I'd only noticed my name and address on the box. If only I'd asked more questions.

How many times have you seen someone who made a series of decisions that all seemed perfectly reasonable and valid at the time, but yet things still went horribly wrong? I've seen it again and again in safety reports, hospital rooms, courtrooms and commanders' offices. My experience with Fudge is not unusual. People often get lost in details and lose track of the big picture. Despite the best intentions, the damage is done before they fully realize what they're dealing with.

When someone gets into a situation, it's your responsibility to give them a crosscheck and get them to see the forest instead of the trees. It's also important to watch yourself, look down the road and focus on where you're going, not just where you are.

Faced with a challenging situation, it's human nature to get tunnel vision and be blindsided by something you didn't anticipate. Watch for this in yourself, and watch for it in your people, because trust me. You don't want to be stuck with the cat at the end of the day.

### News

## Jumper: BRAC decisions needed

**By 1st Lt. Tim Dougherty** Air Force Print News

WASHINGTON – The Air Force chief of staff told the Base Realignment and Closure Commission on Aug. 20 that while many of the decisions related to base closure are "gut wrenching," the changes are needed to allow the Air Force to continue to transform to meet the war-fighting demands of the 21st century.

"The decision to close many of these bases is very personal to me," Gen. John P. Jumper said. "Many of us will feel the impact of these decisions. I lived at many of these bases as a kid while my dad was coming up through the ranks. However, this is the time for tough and bold decisions. It's an opportunity that we must seize to allow us to continue to be able to respond to emerging missions around the world today."

Randolph was one of 13 installations assigned to the Air Education and Training Command that appeared on the BRAC list. The list recommends increasing Randolph's manning by 130 Airmen and Department of Defense civilians primarily in personnel, recruiting and support roles.

Included in the recommendations, the 12th Flying Training Wing is also slated to gain 26 T-38C aircraft from Moody AFB, Ga., while the Joint Specialized Undergraduate Navigator Training and Combat Systems Officer training currently conducted here is scheduled to

be realigned to Naval Air Station Pensacola, Fla.

The Air Force has experienced BRAC rounds in the past, with the most recent occurring in 1995 after the Air Force shrunk by 200,000 Airmen. However, the general said, there are major differences between the Air Force's current recommendations and those from past rounds.

"In 1995, the BRAC rounds were a consequence of decisions that had already been made relative to troop strength," the general said. "The recommendations today are proactive. This round doesn't only accommodate planned reductions. Instead, it allows us to reset our force, anticipate challenges and establish organizations we need for the future."

General Jumper said the recommendations are both strategy and capability based, and they support the intent of the BRAC panel, which is to divest the Air Force of infrastructure it no longer needs, while improving the effectiveness and military value of retained assets.

The general also said the BRAC recommendations were made with a single, total force – active, Guard and Reserve – in mind and not just as a combination of individual components or representatives.

The hearings were the last formal opportunity for representatives from the Department of Defense to provide testimony before the panel sends a final version of the recommendations to President Bush by Sept. 8. The president can either reject the list or accept it without modifications. If he accepts the list, it is submitted to Congress, which can similarly accept or reject it.

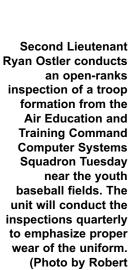
#### **BATTLE of the GROUPS**

The Battle of the Groups competition kicked off as part of the Operation Summer Survivor: Xtreme Challenge campaign which runs through Sept. 5.

The goal of the competition is for base organizations that belong to 12th Flying Training Wing Groups or Directorates to gather as many points as they can by performing different safety checks or safety related events around base.

GROUP	TOTAL
MDG	4,781.80
OG	3,388.81
MX	1,234.30
MSG	561.93

**Back to basics** 



O'Neale)



## New flag-folding script now in use

By Staff Sgt. C. Todd Lopez Air Force Print News

WASHINGTON – Air Force leaders recently approved a new script that can be read during flag-folding ceremonies.

Although there are no official ceremonies in the Air Force that require a script to be read when a flag is folded, unofficial ceremonies such as retirements often do, said Lt. Col. Samuel Hudspath, Air Force protocol chief.

"We have a tradition within the Air Force of individuals requesting that a flag be folded, with words, at their retirement ceremony," he said. "This new script was prepared by Air Force services to provide Air Force recognized words to be used at those times."

There is no shortage of scripts available that can be read aloud during a flag folding, but many of those scripts are religious in nature and also ascribe meaning to the individual folds put into the flag.

Individuals who hear those scripts end up attributing the contents of the script to the U.S. Air Force. Neither Congress, nor federal laws related to the flag, assign any special meaning to the individual folds. Colonel Hudspath said that was the primary motive for creating a new flag-folding script.

"Our intent was to move away from giving meaning, or appearing to give meaning, to the folds of the flag and to just speak to the importance of the flag in U.S. Air Force history," he said.

The new script, approved in July, focuses on flag history and the significance of the flag within the Air Force. "Today, our flag flies on constellations of Air Force satellites that circle our globe, and on the fin flash of our aircraft in harms way in every corner of the world. Indeed, it flies in the heart of every Airman who serves our great nation. The sun never sets on our Air Force, nor on the flag we so proudly cherish," the new script reads.

The new script is available at base protocol offices for



### Flag-Folding Script

Today, our flag flies on constellations of Air Force satellites that circle our globe, and on the fin flash of our aircraft in harm's way in every corner of the world. Indeed, it flies in the heart of every Airman who serves our great nation. The sun never sets on our Air Force, nor on the

flag we so proudly cherish.

use by anyone who wants to lend significance to a flag folding, Colonel Hudspath said. The script will not be used at retreats or funerals, as those are silent ceremonies.

"These ceremonies are meaningful to individuals," he said. "We wanted to offer a script that shows respect for the flag and expresses our gratitude for those individuals who protect our country, both at home and abroad."

Officials said the Air Force will make a video available by October to protocol offices and honor guard units that demonstrates a flag-folding ceremony using the new script.

### **NEWS BRIEFS**

#### **Board of Trustees opening**

The commander of the 12th Mission Support Group seeks volunteers to fill a vacancy on the Randolph Field Independent School District Board of Trustees.

In accordance with Texas law, all applicants must be either a military member (enlisted or officer) or civilian, and must either reside or work on Randolph. The board is composed of five trustees, the majority of whom must be civilian.

All volunteers submitting applications will meet a nomination board. Three nominee's names will be presented to the Texas State Board of Education, which makes the final selection.

An application may be picked up at the 12th MSG commander's office in the Taj Mahal and turned in before Sept. 16. The selection panel is tentatively scheduled to meet Sept. 21-23.

For more information, call Lt. Col. Jim Andersen at 652-1205.

#### Reporting sexual assault

Victims of sexual assault or persons having knowledge of a sexual assault are encouraged to report the information to the base sexual assault report coordinator, Clara Schueler, at 652-8787.

#### 60th anniversary of WW II victory

The Texas Historical Commission commemorates the 60th anniversary of the end of World War II with the unveiling of a historical marker Sept. 2 at 9 a.m. on the grounds of the state capitol in Austin. The event features World War II veterans, military bands and an Air Force flyover including a B-17 Flying fortress.

The featured speaker is Governor Perry and the public is invited to attend.

#### Clinic closure

The clinic is closed Wednesday from 7:30 a.m. to noon for training.

#### "Use or lose" leave

Military members may carry over only 60 days of leave past Sept. 30 of each year, unless they have special leave accrual authorized for reasons such as deployment or contingency operations.

For civilian employees, the leave year began Jan. 9, 2005, and ends Jan. 7, 2006. Most employees are subject to the 30-day (240 hours) maximum annual leave carryover limit.

Officials at the 12th Comptroller Squadron advise all members to review their leave status to ensure they do not lose leave.

### **COMMANDER CONNECTION**

This column is intended to unofficially introduce new unit commanders to the base community.

### Col. David Snodgrass Air Force Security Assistance Training Squadron commander

- Date of command: Aug. 16, 2005
- Unit mission:

Plan, develop, program and execute training and education programs that enhance international relationships and help strengthen worldwide alliances in support of U.S. national security strategy.

• Hometown:

Muncie, Indiana

• Key to success in the Air Force:

Strive to maintain a positive outlook. Do your very best to become known as a problem solver and you will earn the respect and trust of everyone with whom you work. • Vision for the unit:

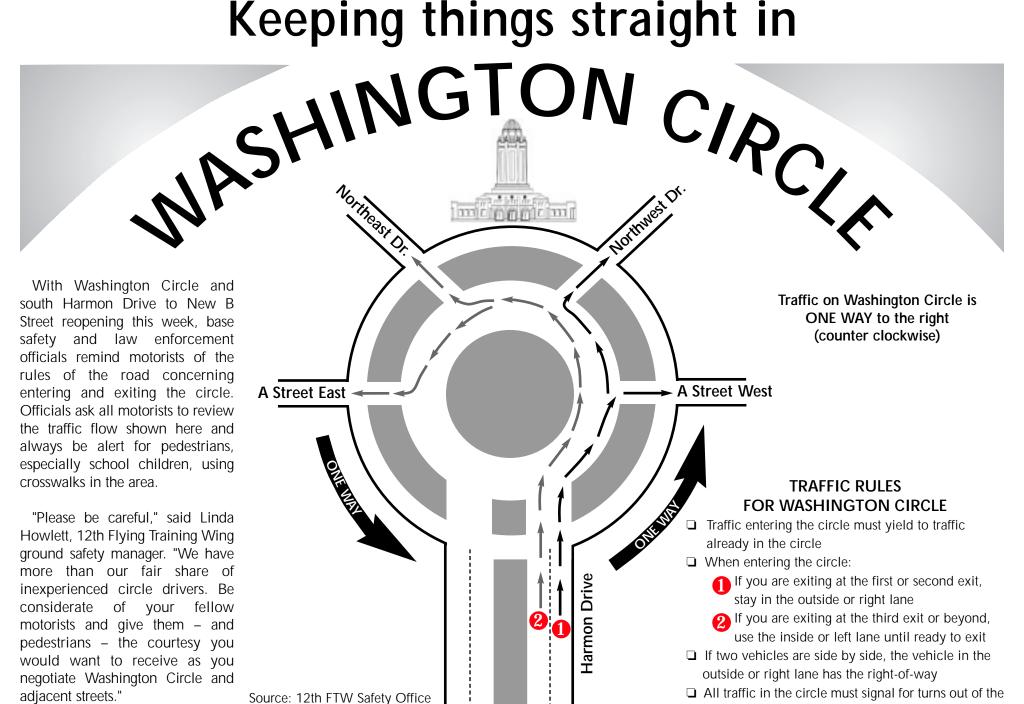
People are the key to success in any organization. In order to win the war on international terrorism, the United States must have the cooperation and active support of our allies. The people of AFSAT have an outstanding record of success in strengthening America's relations with friendly nations and we will build on that record.

• Previous assignments:

Commander, USAF Inspection Agency, Kirtland AFB, N.M.; Commander, 437th Mission Support Group, Charleston AFB, S.C.; Special Assistant to Chairman of the Joint Chiefs of Staff, Pentagon



## Keeping things straight in



### **Community**

## Football Frenzy returns

By Shelta Reese

12th Services Division

Football Frenzy, hosted by the enlisted club, is back and bigger than ever.

Members from both clubs can attend the 2005 Football Frenzy program to watch the games and enjoy food and discounted drinks. Club members have the opportunity to win a trip to a regular season NFL game, the Super Bowl and the Pro Bowl by attending a Football Frenzy event at the club and filling out an entry form.

In addition to the NFL game trips, the Randolph Enlisted Club offers discounted drink specials, food specials and several contests so that members can have the chance to win prizes. Several of the signature contests will return such as College 12th Man, Football Fandemonium and Nitelife Super Bowl Squares.

However, there are also a couple of new contests for members to enjoy such as Club 33 Pool and Fan Huddle Up. The event's kickoff bash is Sept. 8 at 7 p.m. in Gil's Pub.

The first drawing will be held in

November at the Air Force Services Agency and eight winners will be chosen to attend the Miami vs. San Diego game held Dec. 11 in San Diego. Each winner is allowed to bring one guest to the game.

The second drawing will be conducted in December and four winners and guests will be able to attend the Super Bowl Feb. 5 in Detroit.

The third drawing sends four winners and guests to the Pro Bowl, held in Honolulu. Trips include round-trip airfare, hotel accommodations, local transportation and game tickets.

"As a winner of both a Super Bowl and Pro Bowl trip, I can definitely say Football Frenzy is an awesome program," said Chief Master Sgt. William Jennings, aerospace physiology career field manager at Brooks-City Base. "The club staff goes all out to provide great food and prizes, not to mention coverage of every professional football game."

Randolph has had winners every year for the past seven years.

This program is sponsored in part by Miller Brewing Company and American

For more information, call 652-3056.

### Going pro?

circle



Col. Joseph Schwarz, 12th Mission Support Group commander, throws out the first pitch during a San Antonio Missions baseball game Aug. 10 for Team Randolph Night. Tony Lightner from the base safety office sang the National Anthem and the base honor guard presented the colors. (Photo by Ed McDaniel)

## Two-wheeling kids should remember base rules

**By Jennifer Valentin**Wingspread staff writer

Before they shine up the handlebars and adjust the basket, parents should make sure their children know about bike safety on base.

About 176,000 children end up in the emergency room each year because of bicycle accidents. Some are so severe that the child dies, usually from head injury, according to Kids Health, at www.kidshealth.org. The wing safety office offers advice about bike riding on base.

Helmets are required when riding a bicycle on base.

"Wearing a helmet can save your life," said Staff Sgt. Jeff Linville, noncommissioned officer in charge of wing safety inspections and assessments. "The added protection reduces the chance of a major head injury."

Helmets should meet U.S. government safety standards and have a Consumer Product Safety



Marcus Williams gets his helmet ready to ride his bike at the youth center. (Photo by Jennifer Valentin)

Commission sticker on them, according to the Web site. Helmets should fit properly and never be worn with a hat or cap. They should be worn level and cover the forehead with the straps always fastened. The straps should be snug enough so the helmet can't be pulled or twisted around.

"People on base need to remember with school underway, kids are riding to and from school," Sergeant Linville said. "We want to remind drivers to be careful since most of the children may not have experience riding in high traffic areas."

When riding, even in daylight, it is important to be seen by drivers. Wearing bright clothes and putting reflectors on the bicycle can help children be safe.

Children shouldn't wear loose pants, or have shoelaces or any straps undone, because they might get caught in the bike chain. Children should wear sneakers when riding a bike, because they help grip the pedals better than riding with sandals or shoes with heels. Children should also never ride their bikes barefoot

Children are not allowed to wear headphones while riding on base.

"Bicycles are exposed to vehicular traffic on base because there is no designated bike lane," Sergeant Linville said. "Also, kids don't always remember to look for cars while riding, so it's everyone's responsibility to watch out for one another."

### **Sports and Fitness**

## AFPC captures intramural softball crown

By Michael Briggs

12th Flying Training Wing Public Affairs

After falling behind late in the deciding game of the base intramural softball championships Wednesday night at Rambler Field, the Air Force Personnel Center rallied to score five runs in the bottom of the sixth to regain the lead and capture the title with a 10-6 win over the 12th Communications Squadron.

Singles in the sixth by George Wilson, Brian Ucciardi, Jeff Della Rocco, Rick Thompson and Tony Taylor, and a sacrifice fly RBI by J.T. Taitano put the game out of reach and led AFPC to its fourth championship in the past five years.

"Compared to the powerhouse teams AFPC has had in the past, this year's team had a lot of heart and played small ball to win," said AFPC coach Rob Thomas, who has been with the team for three years.

"Small ball" refers to a team's ability to string base hits together rather than rely on home runs and extrabase hits to score runs.

Thomas said AFPC's success stems from a tradition of winning and a core group of players who have been on the team for several years. He also credited the depth of the lineup as key to the team's success this year.

"We had some subs who did whatever they were asked to do to help the team win, whether it was pinch running or getting pinch hits in critical situations," he said. "Our bench contribution was huge."

In the finals that pitted two first-place teams with 12-3 regular-season records against one another, AFPC went unscathed through the winner's bracket of the double-elimination playoff tournament, while 12th CS had to battle through the loser's bracket to reach the finals.

The 12th CS squad beat AFPC 11-9 in the first game of the finals Wednesday to force the deciding game two.  $\,$ 

In the second game, AFPC took an early 5-2 lead



Tony Taylor of the Air Force Personnel Center beats out an infield single as 12th Communications Squadron first baseman Phil Goodrich stretches for the throw. AFPC went on to beat 12th CS 10-6 to take the base intramural softball championship Wednesday night at Rambler Field. (Photo by Steve White)

after four innings of play before 12th CS put up two runs in the top of the fifth and sixth innings to take a 6-5 lead. The AFPC rally erased that short-lived lead in the bottom of the sixth and sent 12th CS to the plate in the top of the seventh needing four runs to tie the contest and keep their title hopes alive.

The 12th CS team could only muster one hit in the inning and fell short of mounting a final challenge to AFPC's lead

The AFPC offense slugged 19 hits led by Wilson with three and an RBI, Thompson with two and three RBIs, Taitano with two and two RBIs, and two hits each from Della Rocco, Ucciardi, George Macaluso and Jon Terry.

Gary Lafon led the 12th CS offense with three hits including a home run. Randy Coleman had two hits.

#### 12th CS 11, AFPC 9

In the first game of the night Wednesday, Gary Lafon went 3-4 with three RBIs and J.D. Stevens had two hits including a home run to pace 12th CS to an 11-9 win over AFPC to force the deciding game in the softball finals at Rambler Field.

Brian Wells, Randy Coleman, Phil Goodrich and Kris Kite added two hits each, as 12th CS handed AFPC its first loss in the double-elimination playoffs.

J.T. Taitano led AFPC with three hits, followed by George Macaluso, Rob Thomas and Mike Obregon with two hits each.

Tony Taylor added a two-run home run in the bottom of the seventh with two outs to bring AFPC within two runs of the lead, but the rally fell short with Taitano's fly out to left to end the game.

## Massage worries away at fitness center

By Jennifer Valentin Wingspread staff writer

Let all the worries and stresses of the day melt away with a massage, now offered at the base fitness center.

The Randolph Fitness Center is providing massage therapy services to the base given by registered therapists.

The two fitness center therapists are Terri Medellin and Tony Gonzales.

"Massage therapy is beneficial to the base because it is convenient, affordable and the massage therapists will work around the various work schedules," Ms. Medellin said.

A variety of massage services will be available.

Deep muscle and neuromuscular therapy is offered for acute and chronic pain, and to release trigger points and skeletal muscle problems, which cause muscle tension and pain.

"This type of therapy is excellent for joint pain such as jaw pain, and pain in the elbows, wrists, back, hips, knees, ankles and numerous other areas." Ms. Medellin said.

Lymph drainage therapy recirculates more," Ms. Medellin added. lymphatic flow, activates fluid circulation and stimulates the functioning of the immune system, Ms. Medellin said.

"The benefits of this type of therapy include detoxification, reduction in swelling and regeneration of tissue from burns and scars," she added. "It also helps provide deep relaxation to aid insomnia, depression and stress."

Complex decongestive therapy and complex decongestive physiotherapy are techniques of manual lymph drainage, compression bandaging, exercises and skin care used in the treatment of lymphedema and associated swelling conditions.

Craniosacral therapy and Somatoemotional release therapy are light-touch manual therapies that addresses restrictions in the craniosacral system, which are the membranes and fluid that protect the brain and spinal cord, Ms. Medellin said.

"This therapy has been successfully used to treat headaches, neck and back pain, chronic fatigue, eye problems, central nervous system disorders and

Reiki, also offered, is a Japanese technique of balancing the body's energy or electrical patterns, thereby increasing the body's ability to heal physical ailments and speed up the recovery process, Ms. Medellin said.

Swedish massages are also offered to help with relaxation and to improve circulation throughout the body.

Ortho-Bionomy, offered soon, is highly effective in working with chronic stress, injuries and pains or problems associated with postural and structural imbalances, Ms. Medellin said.

Sports massages, offered by Mr. Gonzales, can be done either before an event or afterwards to help avoid serious injuries, maintain flexibility and reduce soreness and cramping.

Kinesio taping is a method of treatment used for musculoskeletal disorders and the control of swelling. This method can be used during physical activity or with other therapies.

Hot stone massages and herbal body wraps are also offered.

Massage hours are Monday through Friday from 7 a.m. to 8:30 p.m. and

Saturday and Sunday from 8 a.m. to 5:30 p.m. by appointment only. Walk-in appointments may be made available soon.

Anyone with access to the base fitness center can use the massage services.

"We contracted the best massage therapist to help our customers become 'fit to fight' on and off duty," said Brigitta Bruehl, director of fitness and sports.

For more details or to make an appointment, call 652-4311.

### **SPORTS BRIEF**

#### High school booster club

The Randolph Booster Clubs host a tailgate party to kick off the first home football game against Nixon-Smiley today at 5:30 p.m.

The Ro-Hawk Athletic Booster Club hosts a meeting Monday at 5:30 p.m. at the high school in room

For more information, call Mary Foster at 659-3506.

## SEE PAGES 8 & 9 FOR A FEATURE ARTICLE ON THE 19TH AIR FORCE



# 19th Air Force celebrates 50 years of excellence

### Overseeing all aspects of flying training within Air Education and Training Command

By Bob Hieronymus Wingspread staff writer

#### The Suitcase Air Force

"Be prepared to deploy any and all selected units to any theater or area in the world as might be directed, and be capable of exercising operational control over such units upon their arrival at destination for whatever purposes."

That mission statement sounds as though it were written as an introduction for a "Mission Impossible" episode or perhaps for a current Aerospace Expeditionary Force, but it is neither. This mission concept grew out of the escalating Cold War tensions as they were playing out 50 years ago.

Organized as a unit of Tactical Air Command July 8, 1955, and headquartered at Foster Air Force Base, near Victoria, Texas, the 19th AF had no assigned squadrons or logistic units. It was jokingly referred to as the "Suitcase Air Force," but the name was appropriate. Its only assigned people were in the headquarters, and they lived with well-worn suitcases always packed and ready.

Maj. Gen. Henry Viccellio, the first commander of the 19th AF and one of its prime architects, said the new unit "is our big stick concept in keeping things limited. Versatility is to us far more than a glittering generality. It enables us to produce the exact degree of force at the right place and the right time."

To that end, the 19th AF was prepared to set in motion contingency plans that moved selected tactical fighter, refueling, airlift and reconnaissance units drawn from various squadrons and wings of the parent command to remote locations around the world as the military and political situations required and national policy directed.

Small scale, limited "brush fire wars" were seen as a great danger to national interests, even while the Cold War with contending major powers required strategic considerations. The 19th AF was created to respond to those smaller, tactical situations. Although different in the way it is implemented, today's Air Expeditionary Force is similar in concept.

In its first five years, all under the command of General Viccellio, the 19th AF led or



participated in 21 operations and exercises that took its people from the Suez Canal and Lebanon in the Middle East to Taiwan in the Far East and into the Caribbean.

When a hostile crowd in Venezuela threatened Vice President Richard Nixon in 1958, the command was deployed to Puerto Rico with orders to prepare for a graduated response to the threat. The threat never materialized to the point of military action, but the 19th was ready.

One Air Force officer of note who served in the

19th AF during this time was John P. Flynn. Flynn, a veteran fighter pilot from World War II, was chief of the plans directorate and deployed with the headquarters staff to Lebanon in 1958. He went on to fly combat missions in Vietnam, was shot down and became a prisoner of war in Hanoi. After repatriation he commanded the Military **Training Center at** Lackland. He retired as a lieutenant general. In 1962, a 19th AF command element

deployed to Oxford,

military action

supporting local

Miss., in an unusual

civil police forces.

That was where James Merideth was attempting to be the first African-American to enroll in the University of Mississippi. The 19th staff coordinated the airlift support that brought federal troops to the scene under the name of Operation Rapid Road. That same year, the command was a major player in coordinating the operations of the massive air operations related to the Cuban missile

For five months in 1968, the 19th AF deployed ommand elements to Osan Air Base, Korea, during the crisis surrounding the North Korean seizure of the USS Pueblo. Without a break in its normal pace of operations at home, the command continued to develop contingency plans for operations anywhere in the world even while committing staff people to actual operations.

In August 1968, the command was again employed in a domestic operation when unruly mobs were threatening protests at the national Republican political convention in Miami. The protests were related to the assassination of Robert Kennedy and the Secret Service asked for help to head off the potential for violence at the convention. Under the name of Operation Pachyderm, the role of the 19th AF was to coordinate the low-keyed transportation and operation of military forces into and out of the area.

After 18 years of being the "Suitcase Air Force," a relocation to Seymour Johnson AFB, N.C., five major deployments and participation in more than 100 contingency plans and exercises, the command was deactivated on July 2, 1973. This was part of the general downsizing that followed the end of the Vietnam War.





#### New Life

On July 1, 1993, the command was reactivated here as an element of the Air Education and Training Command with responsibility for managing all flight training in the Air Force. The other major AETC command is the 2nd Air Force, headquartered at Keesler AFB, Miss., which manages all technical training.

One interesting side note to this reactivation was the commander of AETC at the time was Gen. Henry Viccellio, Jr., son of the commander of the 19th AF when it first stood up in 1955.

Today, the 19th AF continues its excellent record of flying training development and management. Ten wings and another six independent groups and squadrons provide basic to advanced training in every type of aircraft owned by the Air Force.

It is often said that if the Air Force flies it, the 19th AF trains people on it. It is the largest numbered Air Force, with more than 31,000 people and 1,700 aircraft at 19 bases. This is a larger inventory of aircraft than all but four of the national air forces of the world.

The 19th AF trains an average of 1,540 pilots, navigators, air battle managers, combat systems officers, flight engineers, boomers and load masters a day in undergraduate and specialized flying courses supporting 19 different aircraft. In addition, the command provides flight orientation training for medical personnel involved with aircrew health, survival training for aircrews and Euro-NATO joint jet fighter training.

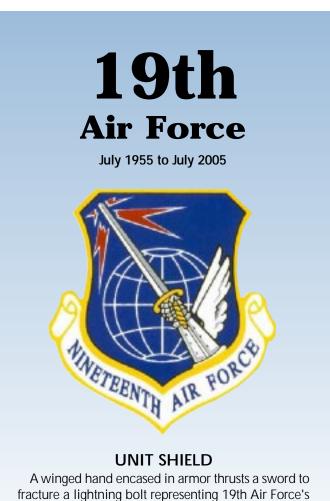
A headquarters staff of approximately 100 officers, Airmen and civilians manages this broad but specialized mission. Although they are no longer called the "Suitcase Air Force," demands of their mission, together with the geographic spread of their assigned units means most of the staff spend considerable time on temporary duty.

In 1998 Gen. John Jumper, current Air Force Chief of Staff, wrote about his vision for a future deployed force command echelon.

"I want the joint force air component commander to be able to deploy forward with an 18-inch satellite dish, a laptop computer and a printer and, if he had to, be able to do his job with not much more than that," he said.

If that vision ever comes to pass, it will be because the 19th Air Force and the people it has trained were major players in the development of the tactics and plans that will bring the vision into reality.





A winged hand encased in armor thrusts a sword to fracture a lightning bolt representing 19th Air Force's capability as an intervening force between a powerful aggressor and a defending nation. The globe represents the worldwide scope of possible deployments and the blue color of the background represents the limitless sky as its theater of operations.